# Getting riparian planting right in Southland

Your step-by-step guide for successful riparian planting



Protecting our valuable water resource is important for dairying in New Zealand. It also benefits the community who use water for drinking and economic, recreational, aesthetic, ecological and cultural activities.

Riparian zones can be used to maintain and improve water quality. Once fenced and planted, they filter nutrients, sediment and bacteria that leave the land as runoff. Healthy riparian zones will improve the health of your waterway.

This practical "how to" guide for riparian management covers planting and maintaining riparian zones for a sustainable and profitable dairy farm. It includes advice from industry and regional council experts.

## What are riparian zones?

Riparian zones are the strips of land beside drains, streams, rivers and lakes. They include areas on-farm where the soils are wettest, such as wetlands, springs or seeps, and swales or gullies.



## How to successfully manage your riparian zones

#### Have a plan to succeed

Having a plan is the key to getting value for your money and doing it right the first time. Your riparian plan should cover the three steps of fencing, planting and maintaining your riparian zones.

#### Use your farm knowledge to form your plan

- 1. To avoid losing plants in floods, determine how your waterway behaves in full flow. This will help you decide where to place fences and what to plant.
- 2. Identify areas on your farm where runoff or erosion occur most frequently and have the greatest effect on water quality. This includes seeps, springs, swales, gullies, eroding banks, boggy areas and wet soils. These should be part of the fenced area and prioritised for planting. Bank reconstruction might be needed before planting.
- Decide what is manageable. Fencing can be completed reasonably quickly, whereas planting and follow-up maintenance takes longer. Set a realistic timeframe and budget for planting. For example, by planting 25% of the area per year, your riparian zones will be complete in four years.

**У**ТІР

Your Environment Southland Land Sustainability Officer can answer questions you have about fencing and riparian planting during a farm visit. They can then develop riparian plans with you, tailored to your farm. It's free and it's the best way to find out what funding or support is available. Call 0800 768 845 and ask for a Land Sustainability Officer.



Set fences back from the regular high flow height. This may be quite different from the low flow height.

#### First things first – animals out

Livestock trample and graze plants. They also damage banks and defecate in water, adding sediment, nutrients and bacteria which reduce water quality. All waterway fencing needs to be permanent to guarantee stock exclusion.

Map your waterways and create a fencing plan. Work out fence lines and crossing points.

#### Choosing a fencing setback distance

The aim of the setback is to slow runoff enough to ensure as much bacteria, nutrients and sediment as possible are filtered out before they enter your waterway. A setback distance for a healthy riparian zone should vary on-farm to reflect different soil types, slopes and flow.

A wider setback is needed on steeper paddocks, longer paddocks and heavier soils, because these all generate fast flowing runoff. On flat to undulating land, relatively small zones of 3-5 m are still capable of reducing nutrients, sediment and bacteria entering waterways.

When choosing the setback distance of your fence, keep in mind what you want to achieve by planting the zones. If you want to create shade for your stream to reduce weed growth and keep streams cool, you may need wider zones to allow more space for the trees. If you want to filter nutrients, sediment and bacteria from runoff, then smaller zones (3-5 m) with shrubs and grasses will still be effective. TIP

You may require consent for certain types of fencing or planting. Check with an Environment Southland Land Sustainability Officer to see if you are within a flood control or drainage rating district before you start any work.

#### What to plant and where

#### The next step is to decide what to plant, where and at what spacing.

There can be up to three zones of plant types on a healthy riparian zone, as illustrated in the picture below. Planting your upper and lower banks will improve your water quality more than using grass strips alone.

Use the Table of Riparian Plants in this guide to find out which plants are recommended for each zone in the Southland region and the correct plant spacings to ensure plants outcompete weeds.

**Drains:** Maintaining access to drains is important so plant up one side only, preferably the north bank to provide the stream with shade in summer. Avoid planting deep-rooted species (upper bank plants) over tile drains.

**Grass strip:** A one metre wide grass strip should be left around all fences. This will help to filter out sediment, phosphorus and faecal bacteria from runoff and prevent plantings from tripping electric wires or being grazed.

Lower bank zone: This is the strip of land prone to flooding, where plants have to be most tolerant of waterlogging. Use lower bank zone plants which are well rooted and can survive many days under water.

> **Upper bank zone:** This zone is on higher ground but may still be partially flooded every couple of years. Use upper bank zone plants, which tend to be trees and shrubs to provide shade and shelter.

Upper

Lower

bank

Grass strip

#### Steps for effective planting technique



#### 1 Remove any grass or weeds.

- 4-6 weeks before planting, spray 1 m diameter circles with a glyphosate-based herbicide at the location where you will plant each plant. Check product information to ensure the herbicide does not remain active in the soil or have residual effects.
- 2 Put the plant in a hole that is big enough to accommodate plant roots without them being curled up or bent at the bottom or sides of the hole.
  - On drier soils, ensure the base of the stem is 1-2 cm below the soil surface. Mulch around plants will help keep soils damp, reduce weeds and provide nutrients. Good mulches include straw, staked down cardboard, fine bark chips or wool.
  - On permanently wet soils, place the base of the stem (just above where the roots start) about 2 cm above the soil surface with soil mounded up to the root ball.



Put a stake beside your plants so you can find them easily when you are weeding and can see if they have died or need replacing (don't attach the plant to the stake).



#### Riparian planting calendar – two year plan



#### Effective plant maintenance

#### Keeping on top of weeds and pests is crucial in the first five years for a healthy riparian zone to become established.

Combining protective and active maintenance methods is recommended as the most effective maintenance option.



**Protective maintenance** – this is less labour intensive but comes at a greater initial cost. Surround each plant with at least a 30-40 cm diameter of biodegradable mat that suppresses weed growth. You can use mulch, biodegradable weed mat (not plastic), or old woollen carpet. Wood chip or sawdust from the calf shed can be used as mulch as it has added nutrients from the manure. Avoid using plain wood chip around the plant as it will strip all the nitrogen out of the soil causing the plant to yellow off and possibly die.



Active maintenance - this can be labour intensive but has a lower initial cost. Each plant should be staked for easy location and brush cut, hand weeded, or carefully sprayed around with a glyphosate-based herbicide, twice a year. If you choose to spray, follow product guidelines; desired plants are usually highly sensitive to herbicides so extreme caution must be taken to protect against spray drift or accidental spray.



Grass strips do a great job at filtering runoff. Avoid the temptation to let livestock graze your margins, even if it is just rank grass. If you need to, brush cut your grass filter strips – don't spray them.



Pests such as rabbits, hares, possums and deer will eat your plants. Contact your Environment Southland Biosecurity Officer for information regarding animal pest control by calling 0800 768 845.

#### Common weeds to remove in Southland



Find out how to manage weeds in Environment Southland's guide *Clean streams: A guide to Managing Waterways on Southland Farms.* There are also pest plant fact sheets at www.es.govt.nz/environment/pests/plants.



These 5 go-to plants are ideal to start your planting with – they are hardy, fast-growing, can be planted straight into pasture and don't require shelter. Ask your nursery for Eco-sourced plants that are hardiest.

#### Table of Riparian Plants

	• Wind 👬 Salt wir	**		C Dry soil conditions
Senefits key: Y Attracts birds	Attracts bees	Slope stabilisation	TFilters runoff	hade 🛛 💽 Fish habitat
Plant name	Туре	Tolerates	Benefits	Size (height x width)
		Lower bank zone Space 1-1.5 m between plar	nts	
Cabbage tree (tī k <b>ō</b> uka) <i>Cordyline australis</i>	Tree	، بې چې <b></b> او کې او کې	ѷӷф҆⊾Ҭ	10 x 3 m
Purei Carex secta	Sedge	، بې چې <b></b> او کې او کې	⊾₹⋑	0.75 x 1 m
Red tussock grass Chinochloa rubra	Grass	૱∰∮	<b>⊾</b> ₹	1 x 1 m
Swamp sedge (pūrei) <i>Carex virgata</i>	Sedge	왕 <b>.:: ※ 🌢</b>	⊾₹∞	0.75 x 1 m
Toetoe Austroderia richardii	Grass	운…祭∳⊠	₹	1.5 x 1.5 m
		Upper bank zone Space 1.5-2 m between plar	nts	
Mingimingi Coprosma propingua	Shrub	⊚ې⊹♦⊠	<b>\$\$</b>	4 x 1.5 m
Swamp flax (harakeke) Phormium tenax	Other	⊛÷…⇔♦	ѷҾ҆҇҇ѩҬ	2 x 2 m
Black matipo (kōhūhū) Pittosporum tenuifolium	Small tree/tree	، بې	**	8 x 3 m
Broadleaf (kapuka) Griselinia littoralis	Tree	۷. ♦ ♦ • • • • • • •	<b>*</b>	10 x 3 m
Kahikatea* Dacrycarpus dacrydioides	Tree	، بې	<b>*</b>	40-60 x 4 m
Karamū Coprosma robusta	Shrub/small tree	، ب	<b>₩</b> ₽	4 x 1.5 m
Kokomuka Hebe elliptica	Shrub	왕 <b></b>	ѷӷф҅҄	1.8 x 1 m
Koromiko Hebe salicifolia	Shrub	، بې بې بې	ѷҾ҆҇҇ҝҾ	1.8 x 1 m
Kotukutuku* Fuchsia excorticata	Tree	۲	<b>*</b>	10 x 3 m
Lemonwood (tarata) Pittosporum eugenoides	Tree	© 🛠 🗷	\$~⊾∲	9 x 4 m
Lowland ribbonwood (manatu) Plagianthus regius	Tree	، ج	<b>▶†</b>	10 x 3 m
Mānuka Leptospermum scoparium	Small tree	©\$∰	<b>∲⊾</b> †	4 x 1.5 m
Tōtara* Podocarpus totara	Tree	، ۲ 🔆 ۲ 🔅	<b>☞⊾</b> ₱	20 x 4 m
Twiggy tree daisy Olearia traversii	Shrub	© <b>∷</b> ⇔≬⊠	<b>*†</b>	4.5 x 4.5 m
Wineberry (makomako)* Aristotelia serrata	Shrub/tree	۲	ѷӷ҈ф⊾Ҏ	8 x 3 m

\*Plant these species into existing vegetation or 2-3 years after initial plantings so they have shelter to grow.

### Successful riparian planting in Southland



Michael and Karen Blomfield milk 740 cows on 290 ha (effective) in Opio, Southland. Michael and his father began planting trees in the 1970s when they were farming sheep. Michael and Karen converted the farm to dairy in 2008 and they have continued planting in riparian zones and gullies.

Michael and his staff plant 700 metres of their riparian zones a year. They spot spray with glyphosate before planting. Michael plants a range of trees and shrubs; native plants that have done well on the farm include toetoe, flax and pukio.

Maintenance is carried out in the following year. Thistles and grasses are stomped down to free up plants. Other weeds are spot sprayed using a nozzle with large droplets to reduce spray drift. Michael says having two people on the job makes it easier and faster.

The visual benefits of successful planting are the main draw card for Michael but he has noticed other benefits as well. Plantings provide shelter which increases grass growth. They also cut down on wind chill which is good for both the cows and the staff in the paddocks. The increase in native bird life is fantastic; kereru, tui and bellbirds can now be heard around the farm.



#### MICHAEL'S TIPS FOR RIPARIAN PLANTING

# "Buy good trees to increase your success rate"

We shop around and get good quality trees that are a decent size. They tend to be more resilient and hares are less able to chomp them off. This gives us a really high survival rate.

#### "Plants love follow up maintenance"

Trees hate the competition for space and moisture. The ones that have weeds removed in the second year grow twice as big as the ones that don't. Follow up spraying is a time consuming job and often at a busy period of the year so we have to make time to get on top of any weeds. If we forget them for a year they take over large areas which makes reigning them in even harder.

# *"Be patient, your hard work will be worth it"*

We are lucky we already have established trees and plants around the farm, we can see them growing and doing well which keeps us motivated.

# A valuable asset for your farm

When fenced and planted, riparian zones are a valuable asset for your dairy farm. They function like a sieve, helping to filter out sediment and nutrients that leave farmland in runoff before they enter waterways and provide valuable habitats for animals.

#### How do healthy riparian zones improve water quality?

- Riparian zones help to reduce sediment into waterways, improving water clarity and the habitat for insects and fish. Less sediment means less cost for drain clearing and less risk of flooding.
- Riparian zones reduce nutrients into waterways, decreasing weed growth, improving biodiversity and water quality, and providing a better environment for swimming and fishing for you and your community.

On your farm, well managed riparian zones will protect stock from getting stuck or drowning in waterways, provide more shade, reduce heat-stress and make it easier to manage stock.

Riparian plants stabilise banks with their roots, limiting the loss of your land through erosion.

The Sustainable Dairying: Water Accord (Water Accord) was developed in 2013 by the dairy industry and is a commitment to manage the land in a way that contributes to achieving water quality desired by New Zealanders. Good riparian management is a requirement of the Water Accord.

The Water Accord requires dairy farmers to ensure:

- Stock exclusion from 90% of farm waterways\* and drains\*\* greater than 1 m in width and deeper than 30 cm and significant wetlands by 31 May 2014 and 100% by 31 May 2017.
- 50% of dairy farms with waterways\* have a riparian planting plan by 31 May 2016 and all by 31 May 2020.
- Of these farms half of their riparian plan committments have been met by 31 May 2020, with full implementation by 2030.

\*A water accord waterway is a "lake, spring, river or stream (including streams that have been artificially straightened but excluding drains) that permanently contains water and any significant wetland. This does not include temporary watercourses that flow during or immediately following extreme weather events".

\*\*A water accord drain is an artificially created channel designed to lower the water table and/or reduce surface flood risk and which has permanently flowing water but does not include any modified (e.g. straightened) natural watercourse.

Environment Southland has rules about what can and cannot be done near or to waterways. Activities you may need consent for which relate to riparian zones include:

- Construction of bridges, culverts and dams
- Any activity disturbing the bed of a river or lake including channel realignment or deepening, dry cuts, gravel extraction and piping
- Drainage of a wetland or the creation or deepening of drains close to a wetland
- Intensive winter grazing within 3 m of a waterway between 1 May and 30 September
- The planting of vegetation in the bed of a river.

Environment Southland's definition of a river is:

"A continually or intermittently flowing body of fresh water and includes a stream or modified watercourse, but does not include any artificial watercourse (e.g. a constructed farm drainage canal)."

Information on the Water and Land 2020 and Beyond project is available at www.es.govt.nz/waterandland/



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