**Bunny Hop** – cup in batches of 5-10 cows

- Move the backing gate little and often to take up space
- Don’t leave the pit unless you really need to
- Hose under cows with cups on

**Work from the exit to entry, teat spraying as you go**

- Don’t wait for every last bit of milk – take the cups off as you work your way down the pit
- Be brave and let the row go – open the gate half to three quarters of the way down the pit

**MaxT** is a milking routine where cups are removed from all of the cows after a set milking time. The time for each herd is based on average production and is adjusted through the season. This is the most efficient way to milk cows. It can be used with no loss of production or increase in mastitis.

**Cut out wasted time**

- Calm cows are easier to handle, produce more milk and less effluent. Keeping the cows flowing speeds up milking.
- Hosing as cows enter slows down cow flow and risks splashing teats with dirty water.
- Rowing up all the cows wastes time and adds steps. If left, most cows will row themselves up.

**Rowing up all the cows wastes time and adds steps. If left, most cows will row themselves up.**

The sooner you open the gate, the sooner the cows can start leaving.

**Aim**

- Go with the flow
  - Don’t wait for all the cows to row up – start cupping
  - Aim to cup first cow within 30 seconds of being in position
  - Aim to put each set of cups on in 4 seconds

**Cupping Routine**

- Bunny Hop – cup in batches of 5-10 cows
- Work from the exit to entry, teat spraying as you go

**Cups off**

- Don’t wait for every last bit of milk – take the cups off as you work your way down the pit
- Be brave and let the row go – open the gate half to three quarters of the way down the pit

**MaxT** is a milking routine where cups are removed from all of the cows after a set milking time. The time for each herd is based on average production and is adjusted through the season. This is the most efficient way to milk cows. It can be used with no loss of production or increase in mastitis.

**Videos**

- [Cow Flow](https://dairynz.co.nz/cow-flow)
- [Cluster Attachment](https://dairynz.co.nz/cluster-attachment)
- [Cluster Removal](https://dairynz.co.nz/cluster-removal)
- [Herringbone Routine](https://dairynz.co.nz/herringbone-routine)
- [MaxT Herringbone](https://dairynz.co.nz/maxt-herringbone)

**Next Steps**

- Visit [Dairynz.co.nz/Milking Smarter](https://dairynz.co.nz/milking-smarter)